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## Thermic Effect of Feeding in Cystic Fibrosis - Enrolling by invitation

**Code:** NCT03931252    **Year:** 2019    **Date:** February 2020

**Author:** Virginia Commonwealth University

### Study design (if review, criteria of inclusion for studies)

Interventional - Allocation: Randomized|Intervention Model: Crossover Assignment|Masking: None (Open Label)|Primary Purpose: Basic Science

### Participants

Cystic Fibrosis - 18 Years and older (Adult, Older Adult)

### Interventions

Dietary Supplement: Boost VHC|Dietary Supplement: Ensure High Protein

### Outcome measures

Energy Expenditure|glucose|insulin|Leptin|Ghrelin

<https://ClinicalTrials.gov/show/NCT03931252>

### Keywords

Adult; Caloric Intake; Child; non pharmacological intervention - diet; Nutrition Disorders; Oral; Supplementation; Malnutrition; Proteins;