

ongoing trials - trial from www.clinicaltrials.gov

Acceptance and Commitment Therapy vs. Supportive Psychotherapy With Cystic Fibrosis Patients - Recruiting

Code: NCT04114227 **Year:** 2019 **Date:** July 1, 2019

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Study design (if review, criteria of inclusion for studies)

Interventional - Allocation: Randomized|Intervention Model: Parallel Assignment|Masking: None (Open Label)|Primary Purpose: Supportive Care

Participants

Cystic Fibrosis - 18 Years and older (Adult, Older Adult)

Interventions

Behavioral: Acceptance and Commitment Therapy adapted for Cystic Fibrosis (ACT with CF)|Behavioral: Supportive Psychotherapy (Treatment as Usual Control)

Outcome measures

Generalized Anxiety Disorder Questionnaire 7 (GAD-7)|Patient Health Questionnaire 9 (PHQ-9)|Beck Anxiety Inventory (BAI)|Beck Depression Inventory-II (BDI-II)|FEV1/ FVC ratio|Cognitive Fusion Questionnaire (CFQ13)|Acceptance and Action Questionnaire (AAQ-II)|Self-Reported Medication Adherence Questionnaire|Participant re-hospitalization and unscheduled office visits secondary to CF exacerbation's.|Scheduled CF clinic visits.|Body Mass Index (BMI)|Patient rated outcomes measures (PRO) Questionnaire.

<https://ClinicalTrials.gov/show/NCT04114227>

Keywords

Adolescent; Adult; Caregivers; Child; non pharmacological intervention - psyco-soc-edu-org; Self-Management; Behavioural interventions;