
ongoing trials - trial from www.clinicaltrials.gov

Effects of Innovative Aerobic Exercise Training in Cystic Fibrosis - Recruiting

Code: NCT04543929 **Year:** 2020 **Date:** February 11, 2020

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Study design (if review, criteria of inclusion for studies)

Interventional - Allocation: Randomized|Intervention Model: Parallel Assignment|Masking: None (Open Label)|Primary Purpose: Treatment

Participants

Cystic Fibrosis - 18 Years and older (Adult, Older Adult)

Interventions

Behavioral: exercise

Outcome measures

Aerobic Exercise Capacity|pulmonary function|Quality of Life measured by CFQ-R|Impact on sweat chloride|diabetes risk

<https://ClinicalTrials.gov/show/NCT04543929>

Keywords

exercise; non pharmacological intervention - devices OR physiotherapy; training; Combined Modality Therapy; Aerobic training; Chest physiotherapy; strength training;