

primary studies - published RCT

## **A double-blind placebo-controlled trial of a pancreatic enzyme formulation (Panzytrat (R) 25 000) in the treatment of impaired lipid digestion in patients with cystic fibrosis.**

**Code:** CN-00182417

**Year:** 1993 **Date:** 1993

**Author:** Chazalotte JP

### **Study design (if review, criteria of inclusion for studies)**

randomised, controlled double-blind parallel group study

### **Participants**

15 children (mean age 12 years) with proven cystic fibrosis and a lipid absorption coefficient (LAC)

### **Interventions**

Panzytrat (R) 25 000 (n = 7) or placebo (n = 7) orally during meals, in an age-adjusted dosage of 2 (

### **Outcome measures**

efficacy

### **Main results**

After treatment, the mean LAC was 80.5% in the Panzytrat (R) 25 000 group compared with 55.6% in the placebo group. In the Panzytrat (R) 25 000 group there was an improvement in LAC (+25%), stool weight (-46%), and in nondigested (-38%) and nonabsorbed (-47%) faecal fat. In contrast, in the placebo group there was a worsening of all 4 of these parameters with changes of -10% for LAC, +32% for stool weight, +36% for nondigested fat, and +46% for nonabsorbed fat. The difference between the Panzytrat (R) 25 000 and the placebo groups was statistically significant (p

### **Authors' conclusions**

Tolerability was 'good' or 'excellent' in all patients except one placebo recipient who complained of digestive upset.

<http://www.mrw.interscience.wiley.com/cochrane/clcentral/articles/417/CN-00182417/frame.html>

### **See also**

DRUG INVEST. YR: 1993 VL: 5 DE: RCT NO: 5

### **Keywords**

Adolescent; Child; Infant; Oral; Pancreatic Enzyme Replacement Therapy; Panzytrat; placebo; Supplementation; Pancreas insufficiency; Pancreatic Diseases; Gastrointestinal Diseases; Malabsorption; Nutrition Disorders; Capsules; Powders; pharmacological\_intervention; Gastrointestinal Agents;