

primary studies - published, non RCT

## **Exercise and cystic fibrosis. A comparison of training programs with different frequency of training.**

**Code:** CN-00493762

**Year:** 1998 **Date:** 2020

**Author:** Gruber W

### **Study design (if review, criteria of inclusion for studies)**

Non randomized trial

### **Participants**

CF patients

### **Interventions**

The incorporation of molecular genetic testing into cystic fibrosis (CF) screening programs. A mini-sequencing assay was standardized using single-base extension in a previously genotyped control sample.

### **Outcome measures**

Specificity of the diagnostic strategy

### **Main results**

The inclusion of the 25 variants in the current newborn screening program increased the identification rates of two alleles from 33 to 52.43% in CF patients. This new approach was able to detect a total of 37 variants, which represents 93.01% of all mutated alleles described in the last CF Brazilian Register.

### **Authors' conclusions**

Mini-sequencing for the simultaneous detection of 25 CFTR gene variants improves the screening of Brazilian newborns and decreases the number of inconclusive cases. This method uses minimal hands-on time and is suited for rapid screening, which reduces sample processing costs.

<http://www.mrw.interscience.wiley.com/cochrane/clcentral/articles/762/CN-00493762/frame.html>

### **See also**

International Journal of Sports Medicine YR: 1998 VL: 19 DE: CCT NO: Suppl

### **Keywords**

Neonatal Screening; Newborn; non pharmacological intervention - diagn; screening; diagnostic procedures;