primary studies - published RCT

The impact of behavioral intervention on family interactions at mealtime in pediatric cystic fibrosis.

Code: CN-00708355 **Year:** 2008 **Date:** 2008 **Author:** Janicke DM

Study design (if review, criteria of inclusion for studies)

randomized trial

Participants

45 families of children with cystic fibrosis (CF), ages 4 to 12 years

Interventions

behavioral intervention (Be In Charge!) or nutrition education

Outcome measures

caloric intake and weight gain, McMaster Mealtime Family Interaction Coding System

Main results

No differences were found in family functioning between the two interventions pre- to posttreatment or 1-year follow-up, except for Affect Management. A significantly greater percentage of families receiving Be In Charge! demonstrated improvement in Affect Management from pretreatment to 1-year follow-up. Implications for developing the next generation of behavioral interventions are discussed.

http://dx.doi.org/10.1080/02739610701766891

See also

Children's Health Care YR: 2008 VL: 37 DE: RCT NO: 1

Keywords

Caloric Intake; family; Food; non pharmacological intervention - diet; non pharmacological intervention - psyco-soc-edu-org; Nutrition Disorders; Supplementation; training; Behavioural interventions;