ongoing trials - trial from www.clinicaltrials.gov

Feasibility of Home-based Exercise Program for Adults With Cystic Fibrosis - Phase 2 - Recruiting

Code: NCT05239611 **Year:** 2022 **Date:** February 14, 2022 **Author:** University of Kansas Medical Center

Study design (if review, criteria of inclusion for studies)

Interventional - Allocation: Randomized|Intervention Model: Parallel Assignment|Masking: None (Open Label)|Primary Purpose: Treatment

Participants

Cystic Fibrosis - 18 Years and older (Adult, Older Adult)

Interventions

Drug: Exercise

Outcome measures

cardiorespiratory fitness assessment- Modified shuttle Walk test result|Ventilation defect percentage (VDP) as detected by 129Xenon MRI|forced expiratory volume in 1 second|quality of life assessment. Scale 0-100 (high score indicates better quality of life)|Exercise time

https://ClinicalTrials.gov/show/NCT05239611

Keywords

exercise; Home; Home Care Services; non pharmacological intervention - devices OR physiotherapy; non pharmacological intervention - psyco-soc-edu-org; Ventilators; Organization;