

primary studies - published RCT

## **Nutritional status of patients with cystic fibrosis with meconium ileus: a comparison with patients without meconium ileus and diagnosed early through neonatal screening.**

**Code:** PM10617704

**Year:** 2000 **Date:** 2004

**Author:** Lai HC

### **Study design (if review, criteria of inclusion for studies)**

Double-blind randomised placebo controlled trial, parallel design, intention-to-treat basis.

### **Participants**

Mean age 23.7 years. Confirmed CF, FEV1 >60%. 37 participants (15 males, 22 females).

### **Interventions**

1x10<sup>13</sup> particles tgAAVCF 3 times (30 day interval) or matching placebo, nebulised to lungs.

### **Outcome measures**

Respiratory exacerbations, adverse events, lung function, inpatient episodes, acquisition of new pathogens, gene expression, change in CT score.

### **Main results**

Of 42 subjects randomized, 20 subjects received at least one dose of tgAAVCF and 17 subjects received placebo. No difference in the pattern of adverse events or laboratory abnormalities was noted between the two treatment groups. Improvements in induced-sputum interleukin-8 ( $p = 0.03$ ) and FEV1 ( $p = 0.04$ ) were observed at day 14 and day 30, respectively, in the group receiving tgAAVCF when compared to those receiving placebo. No significant differences in HRCT scans were noted. Vector shedding in sputum was observed at low levels up to 90 days after the third dose of vector. All subjects receiving tgAAVCF exhibited an increase (by at least fourfold) in serum AAV2-neutralizing antibodies and detectable levels in BAL fluid from five of six treated subjects undergoing BAL. Gene transfer but not gene expression was detected in a subset of six tgAAVCF subjects who underwent bronchoscopy.

### **Authors' conclusions**

Repeat doses of aerosolized tgAAVCF were safe and well tolerated, and resulted in encouraging trends in improvement in pulmonary function in patients with CF and mild lung disease.

<http://www.mrw.interscience.wiley.com/cochrane/clcentral/articles/420/CN-00291420/frame.html>

### **See also**

Pediatrics YR: 2000 VL: 105 DE: RCT NO: 1 Pt 1

### **Keywords**

Adolescent; Adult; Child; Drug Administration Schedule; Gene Transfer Techniques; Infection; Inhalation OR nebulised; non pharmacological intervention - genetic& reprod; pharmacological\_intervention; placebo; Respiratory Tract Diseases; Respiratory Tract Infections; transmembrane; Virus; tgAAVCF;