

primary studies - published, non RCT

## Long-term evaluation of effectiveness for selected chest physiotherapy methods used in the treatment of cystic fibrosis.

Code: PM12004158

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Author: Orlik T

### Study design (if review, criteria of inclusion for studies)

Multicenter retrospective study

### Participants

13 adults and adolescents with CFRD

### Interventions

Tandem t:slim X2 pump with Control IQ<sup>®</sup> technology, a HCL system.

### Outcome measures

14 days of continuous glucose monitor data were analyzed at baseline, 1 and 3 months after transition to the Tandem t:slim X2 pump with Control IQ<sup>®</sup> technology

### Main results

Control IQ initiation was associated with a significant increase in % time in target range (70-180 mg/dL), as well as decreases in average glucose, % time in hyperglycemic ranges (% time >180 mg/dL, % time >250 mg/dL), and glycemic variability (standard deviation, coefficient of variation). There was no significant change in % time in hypoglycemia ranges (% time

### Authors' conclusions

This is the first study to report a beneficial effect of Food and Drug Administration (FDA)-approved HCL technology on glycemia in adults and adolescents with CFRD to date. Future studies are needed to understand the potential long-term glycemic benefits of HCL devices and to explore the impact of this technology on health-related quality of life, pulmonary function, nutritional status, and mortality.

<http://www.mrw.interscience.wiley.com/cochrane/clcentral/articles/055/CN-00404055/frame.html>

### See also

Medycyna Wieku Rozwojowego YR: 2001 VL: 5 DE: CCT NO: 3

### Keywords

hybrid closed loop (HCL) technology; non pharmacological intervention - devices OR physiotherapy; Diabetes Mellitus; Pancreatic Diseases; Gastrointestinal Diseases;