primary studies - published, non RCT

The benefits of exercise combined with physiotherapy in the treatment of adults with cystic fibrosis.

Code: PM1470709 **Year:** 1992 **Date:** 1992 **Author:** Bilton D

Participants

18 adults with cystic fibrosis

Interventions

exercise, physiotherapy, and combinations of exercise and physiotherapy

Outcome measures

sputum expectoration

Main results

Any treatment which included physiotherapy either alone or in combination with exercise produced a significantly higher sputum weight during treatment time than did exercise alone (P

http://www.mrw.interscience.wiley.com/cochrane/clcentral/articles/115/CN-00208115/frame.html

See also

Respiratory Medicine YR: 1992 VL: 86 DE: RCT NO: 6

Keywords

Adult; exercise; non pharmacological intervention - devices OR physiotherapy; Combined Modality Therapy;