

primary studies - published RCT

# Efficacy of salbutamol and ipratropium bromide in decreasing bronchial hyperreactivity in children with cystic fibrosis.

**Code:** PM1534166 **Year:** 1992 **Date:** 1992 **Author:** Avital A

## Study design (if review, criteria of inclusion for studies)

Placebo controlled cross-over trial over 3 days

## **Participants**

11 participants (5 males) with history of RAD, mean (SD) age 10.5 (2.3) years SK score 60 - 95

#### Interventions

Baseline spirometry Treatment with single dose of either nebulised placebo, 2.5 mg salbutamol or 0.25 mg ipratropium 45 minutes later FEV1 Methacholine challenge doubling concentrations of inhaled methacholine 5 minutes apart with FEV1 taken after each increase

#### **Outcome measures**

Drop of greater than 20% of FEV1 from baseline to give the concentration of methacholine or maximum concentration of methacholine

## Main results

FEV1 (mean +/- S.E.) did not change following pretreatment with saline, salbutamol, or ipratropium (1.64 +/- 0.22, 1.63 +/- 0.16 and 1.67 +/- 0.19, respectively). All patients demonstrated airway hyperreactivity with a PC20 below 8 mg/mL (geometric mean, 0.41 mg/mL) after saline pretreatment. Salbutamol inhalation significantly increased the PC20 to 1.24 mg/mL (P less than 0.01), but ipratropium bromide was found to be even more effective than salbutamol (PC20 = 7.37 mg/mL) (P less than 0.0001). We conclude that the variable response to bronchodilator is not secondary to impaired aerosol distribution since ipratropium bromide effectively blocked the response to methacholine.

## **Authors' conclusions**

The improvement in PC20 without a change in baseline FEV1 following salbutamol suggests that the adrenergic agent altered the contractile mechanism of smooth muscle.

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#### See also

Pediatr Pulmonol. 1992 May;13(1):34-7.

## Keywords

Adolescent; Albuterol; Biomarker; Bronchodilator Agents; Child; Ipratropium; Methacholine; non pharmacological intervention - diagn; pharmacological\_intervention; Salbutamol; Inhalation OR nebulised; Adrenergic beta-Agonists; Respiratory System Agents; Anticholinergic Agents; Respiratory Tract Diseases;