

primary studies - published RCT

Long-term trial of cyproheptadine as an appetite stimulant in cystic fibrosis.

Code: PM16015665

Year: 2005 **Date:** 2009

Author: Hornick DN

Study design (if review, criteria of inclusion for studies)

single-blind randomized controlled trial

Participants

149 adult patients with cystic fibrosis with an FEV(1)

Interventions

All participants received an education and counseling session from their cystic fibrosis team and were then randomized to receive the decision aid or usual care. The decision aid is available online at <http://decisionaid.ohri.ca/decaids.html>.

Outcome measures

The primary end points measured were participants' knowledge, realistic expectations, and decisional conflict evaluated 3 weeks after randomization.

Main results

Patients randomized to the decision aid had greater knowledge about their options (P

Authors' conclusions

Use of a decision aid for patients with cystic fibrosis considering referral for lung transplantation, in addition to usual education and counseling, improves patient knowledge, realistic expectations, decisional conflict, and patient satisfaction.

<http://dx.doi.org/10.1002/ppul.20265>

See also

Pediatric pulmonology YR: 2005 VL: 40 NO: 3

Keywords

Adult; Lung Transplantation; non pharmacological intervention - psycho-soc-edu-org; non pharmacological intervention - surg; transplantation; Counseling; Psychoeducation;