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primary studies - published RCT

## Nutritional status of infants with cystic fibrosis associated with early diagnosis and intervention.

**Code:** PM1877513

**Year:** 1991 **Date:** 1991

**Author:** Marcus MS

### Study design (if review, criteria of inclusion for studies)

This study was part of an ongoing, randomized, longitudinal investigation

### Participants

infants diagnosed with cystic fibrosis (CF) through neonatal screening

### Interventions

energy intake

### Outcome measures

nutritional status, energy and macronutrient-consumption patterns

### Main results

normal patterns could be achieved with mean energy intake values at ages 6 and 12 mo of 481 and 426 kJ/kg body wt (115 and 102 kcal/kg body wt), respectively. Biochemical assessment demonstrated low alpha-tocopherol and linoleic acid values at diagnosis in the majority of infants whereas one-third had abnormal indices of protein nutriture. Essential fatty acid deficiency was also demonstrated at diagnosis by abnormal triene-tetraene ratio values in 27% of screened infants.

### Authors' conclusions

With predigested formula and dietary supplementation, there was improvement in all indices of nutritional status and only a low percentage of patients showed mild biochemical abnormalities at age 12 mo.

<http://www.mrw.interscience.wiley.com/cochrane/clcentral/articles/783/CN-00462783/frame.html>

### See also

American Journal of Clinical Nutrition YR: 1991 VL: 54 DE: RCT NO: 3

### Keywords

Neonatal Screening; Newborn; non pharmacological intervention - diagn; screening; diagnostic procedures;