

primary studies - published RCT

Inhalation with fucose and galactose for treatment of Pseudomonas aeruginosa in cystic fibrosis patients.

Code: PM19043609

Year: 2008 **Date:** 1961

Author: Hauber HP

Study design (if review, criteria of inclusion for studies)

Randomized, placebo-controlled, double-blind study. Parallel design.

Participants

49 children attending the Fibrocystic Clinic at Babies Hospital (Columbia-Presbyterian Medical Center, New York) randomised. Diagnostic criteria not stated. Paper states " Only patients with a proven diagnosis of cystic fibrosis, and who were apparently stabilized on an accepted regimen of therapy, were accepted for the study." Patients had not previously received supplementary tocopherol. See note on withdrawals below, for final analysis 45 patients followed for at least 2 months, 37 patients completed 6 months of trial (18 in tocopherol group; 19 in placebo group).

Interventions

2 or 3 divided doses of 0.2 ml of mixture/kg/day. Supplement: 10 mg/dl alpha-tocopheryl acetate/kg/day. Placebo: further details not given.

Outcome measures

Weight, muscle strength, blood tests (tocopherol level; S-GOT), subjective rating of disease severity (scale of 1 - 5) by outcome assessors, estimate in change of disease status (scale 0 - 6) by outcome assessors after discussions with patients/carers.

<http://www.mrw.interscience.wiley.com/cochrane/clcentral/articles/008/CN-00665008/frame.html>

See also

Int J Med Sci. 2008;5(6):371-6. Epub 2008 Nov 17.

Keywords

Child; Infant; non pharmacological intervention - diet; Vitamin E; Vitamins; Antioxidants; pharmacological_intervention;