

primary studies - published, non RCT

Protein turnover in malnourished patients with cystic fibrosis: Effects of elemental and nonelemental nutritional supplements.

Code: PM2109053

Year: 1990 **Date:** 1991

Author: Pelekanos JT

Participants

10 malnourished CF patients with moderate to severe lung disease. Their BEE before ingesting the supplements was 120% of that predicted by the Harris-Benedict equation.

Interventions

low carbohydrate (Pulmocare) and higher carbohydrate (Instant Breakfast) nutritional supplements

Outcome measures

VCO₂, respiratory quotient (RQ), minute ventilation (VE), metabolic expenditure

Main results

Their VCO₂ increased 9-19% for the 3h after ingesting 500 kcal/M² of Pulmocare, and 25-30% after ingesting Instant Breakfast (p less than 0.05). The respiratory quotient (RQ) was significantly greater for Instant Breakfast than Pulmocare. The minute ventilation (VE) rose 10-13% for the 3h after ingesting Pulmocare, versus 27-31% after ingesting Instant Breakfast, but the difference was not significant. The metabolic expenditure rose 13-16% for the 3h after ingesting both formulas.

Authors' conclusions

CF patients have increasing difficulty maintaining their nutrition as their pulmonary disease progresses

<http://www.mrw.interscience.wiley.com/cochrane/clcentral/articles/819/CN-00357819/frame.html>

See also

Journal of Pediatric Gastroenterology & Nutrition YR: 1990 VL: 10 DE: CCT NO: 3

Keywords

Carbohydrates; non pharmacological intervention - diet; Supplementation; Malnutrition; Nutrition Disorders;