primary studies - published RCT

Enhancing self-efficacy for self-management in people with cystic fibrosis.

Code: PM21893709 **Year:** 2011 **Date:** 2011 **Author:** Cummings E

Study design (if review, criteria of inclusion for studies)

randomised, single-blind controlled trial

Participants

people with CF

Interventions

participants were randomised into one of three groups: Control, Mentor-only and Mentor plus mobile phone.

Outcome measures

Analysis and discussion focus on the experiences of participants through a methodology utilising descriptive statistics and semi-structured interviews

Main results

The results highlight the challenges of stimulating self-management behaviours particularly in adolescents and in the evaluation of the role of mobile applications in supporting them.

http://dx.doi.org/ 10.3233/978-1-60750-806-9-33

See also

Studies in health technology and informatics 2011;169:33-7

Keywords

Adolescent; Adult; Caregivers; Child; non pharmacological intervention - psyco-soc-edu-org; Self-Management; Behavioural interventions;