

#### primary studies - published, non RCT

# Novel strategies in newborn screening for cystic fibrosis: A prospective controlled study.

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## Study design (if review, criteria of inclusion for studies)

Prospective study

## **Participants**

145,499 infants

#### Interventions

Two strategies were performed in all newborns. In the first strategy, concentrations of immunoreactive trypsinogen (IRT) and pancreatitis-associated protein (PAP) were measured. In the second method, samples with IRT  $\hat{a}_{\%}$ ¥60  $\hat{1}_{\%}$ /litre were analysed for 36 CFTR mutations, followed by sequencing when a single mutation was detected. Tests were positive only with two identified CFTR mutations.

## Outcome measures

Sensitivity, specificity and positive predictive value (PPV) of both screening strategies.

## Main results

145,499 infants were screened. The IRT/PAP approach showed a sensitivity of 95.0%, a specificity of 99.897% and a PPV of 12.3%. Test properties for the IRT/DNA/sequencing strategy were respectively 100%, 100% and 64.9%. Combining both strategies (IRT/PAP/DNA/sequencing) led to a sensitivity of 95.0%, a specificity of 100% and a PPV of 87.5%.

## Authors' conclusions

In conclusion, all strategies performed well. Although there was no statistically significant difference in test performance, the IRT/DNA/sequencing strategy detected one infant that was missed by IRT/PAP (/DNA/sequencing). IRT/PAP may be the optimal choice if the use of DNA technology must be avoided. If identification of carriers and equivocal diagnosis is considered an important disadvantage, IRT/PAP/DNA/sequencing may be the best choice.

http://thorax.bmj.com/content/67/4/289.long

## See also

Thorax. 2012 Apr;67(4):289-95

### Keywords

Neonatal Screening; Newborn; non pharmacological intervention - diagn; screening; diagnostic procedures;