

primary studies - published RCT

Effect of supervised training on FEV1 in cystic fibrosis: A randomised controlled trial.

Code: PM23588193

Year: 2013 **Date:** 2016

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Study design (if review, criteria of inclusion for studies)

two phase II randomised, double-blind, placebo-controlled studies.

Participants

CF patients

Interventions

Patients were treated with 25 mg amitriptyline twice daily, i.e. a total dose of 50 mg/d. After those two studies part of the patients used amitriptyline in an off-label-use for routine treatment. These patients were observed after one, two and three years after continuous use of amitriptyline and were matched with those patients who were not treated. These patients were used as a control group.

Outcome measures

FEV1; weight.

Main results

After one year of treatment, forced expiratory volume in 1 sec predicted (FEV1) increased significantly by 7.6+/-7.0%, p=

Authors' conclusions

Amitriptyline significantly increases FEV1, reduces ceramide in lung cells and increases weight of CF patients.

<http://dx.doi.org/10.1016/j.jcf.2013.03.003>

See also

J Cyst Fibros. 2013 Apr 12. pii: S1569-1993(13)00039-8. doi: 10.1016/j.jcf.2013.03.003.

Keywords

Adult; Amitriptyline; Anti-Bacterial Agents; Anti-Inflammatory Agents; Bacterial Infections; Infection; pharmacological_intervention; Pseudomonas aeruginosa; Pseudomonas; Respiratory Tract Diseases; Respiratory Tract Infections; Anti-Inflammatory Agents - excl Steroids;