

HTA - - Health Technology Assessment Report

Pilot RCT of a telehealth intervention to reduce symptoms of depression and anxiety in adults with cystic fibrosis.

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Study design (if review, criteria of inclusion for studies)

Multi-centre parallel group, randomised controlled trial

Participants

All cystic fibrosis patients who have isolated *P.aeruginosa* and fulfil the inclusion criteria from participating centres will be considered eligible to take part in the trial

Interventions

This trial aims to examine whether ten days intravenous ceftazidime with tobramycin is superior to oral ciprofloxacin. Both treatment arms will receive three months of nebulised colistin in conjunction to the randomised treatment

Outcome measures

The primary outcome measure will be successful eradication of *P.aeruginosa* infection at three months post randomisation, and remaining infection free through to 15 months post randomisation. Secondary outcomes will include time to recurrence of *P.aeruginosa* infection, time to new *P.aeruginosa* infection, lung function, growth and nutritional status, number of pulmonary exacerbations, admission to hospital, number of days spent as inpatient, quality of life, utility, adverse events, reinfection with a different strain of *Pseudomonas*, other sputum/cough microbiology, candida infection, cost per patient, incremental cost effectiveness ratio, carer burden (as measured by number of days missed from school or work)

<http://dx.doi.org/10.1016/j.jcf.2021.07.012>

See also

J Cyst Fibros. 2022 Mar;21(2):332-338. doi: 10.1016/j.jcf.2021.07.012. Epub 2021 Aug 5.

Keywords

Bacterial Infections; Infection; *Pseudomonas aeruginosa*; *Pseudomonas*; Respiratory Tract Diseases; Respiratory Tract Infections;