

primary studies - published RCT

## **Controlled trial of ceftazidime vs. ticarcillin and tobramycin in the treatment of acute respiratory exacerbations in patients with cystic fibrosis.**

**Code:** PM3885181

**Year:** 1985 **Date:** 1992

**Author:** Gold R

### **Study design (if review, criteria of inclusion for studies)**

controlled, double blind crossover study

### **Participants**

9 CF children

### **Interventions**

twice daily inhaled amiloride (10(-3)M). Each treatment period (amiloride versus 0.9% saline) lasted for two months.

### **Outcome measures**

sputum weight, consistency of sputum and lung function (FEF1, FVC, FEF50, FEF25, PEF)

### **Main results**

Inhaled amiloride was able to increase mean sputum weight per day from 11.75 g (+/- 5.96) up to 18.5 g (+/- 10.34). This was equal to an increase of 57%. Some children felt that sputum expectoration lasted longer while using amiloride and that even for some hours after inhalation they expectorated a sputum-like fluid. We were able to detect, at least in some patients, that their sputum consisted of two parts, one showing more solid contents, the other more fluid-like contents. This was, however, not a consistent feature. No significant or clinically important differences were found for pulmonary function test data. There were no pulmonary or extra pulmonary side effects from treatment with amiloride.

### **Authors' conclusions**

Further studies should be undertaken to assess the efficacy of longer lasting amiloride inhalation on the course of the disease in CF patients.

<http://www.mrw.interscience.wiley.com/cochrane/clcentral/articles/509/CN-00037509/frame.html>

### **See also**

Pediatr Infect Dis. 1985 Mar-Apr;4(2):172-7.

### **Keywords**

Adolescent; Amiloride; Child; Inhalation OR nebulised; pharmacological\_intervention; Airway clearance drugs -expectorants- mucolytic-mucociliary-; ENaC antagonists - Sodium Channel Blockers; Respiratory System Agents;