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Cochrane Database of Systematic Reviews - - Cochrane Protocol (ongoing review)

# **Stress management reduces severe depression and anxiety symptoms in adults with cystic fibrosis: Results from the coping and learning to manage stress (CALM) intervention.**

**Code:** PM41887978

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## **Study design (if review, criteria of inclusion for studies)**

Cross-sectional studies and prospective cohort studies. Randomised comparisons of tests in which all participants have been cross-classified with a reference standard will be included. Excluded: case-control studies, case reports, studies where CGMS is performed retrospectively after an abnormal OGTT.

## **Participants**

People (both children and adults) with CF in whom cystic fibrosis-related diabetes (CFRD), as outlined by the ADA 2016 criteria, is suspected or who are being routinely screened for CFRD.

## **Interventions**

Comparison of continuous glucose monitoring systems (CGMS) (index test) against the reference standard (diagnosis of CFRD as outlined by the ADA criteria ) in the diagnosis of cystic fibrosis-related diabetes (CFRD).

## **Outcome measures**

Accuracy of continuous glucose monitoring systems (CGMS) in detecting abnormalities of glycaemic control. The clinical reference standard is the diagnosis of CFRD as outlined by the ADA criteria

<http://dx.doi.org/10.1016/j.jcf.2026.03.015>

## **See also**

J Cyst Fibros. 2026 Mar 25:S1569-1993(26)00082-2. doi: 10.1016/j.jcf.2026.03.015.

## **Keywords**

Diabetes Mellitus; Gastrointestinal Diseases; Pancreatic Diseases; non pharmacological intervention - diagn; diagnostic procedures; Continuous glucose monitoring systems;