*primary studies - published RCT*

# High dose Nutrizym 22 in cystic fibrosis.

**Code:** PM7693476 **Year:** 1993 **Date:** 1993 **Author:** Shah A

### Study design (if review, criteria of inclusion for studies)

randomised double blind, crossover method

### Participants

25 CF children (aged 7-16 years) entered the study and 22 completed itt; 3 did not, due to non-compliance.

### Interventions

All patients were taking Nutrizym GR for at least 2 weeks before entering the study. Nutrizym GR or double strength Nutrizym 22 capsules was carried out over two consecutive 14-day periods.

### Outcome measures

weight, appetite, abdominal pain, stool consistency, faecal fat

### Main results

no statistically significant differences in actual weight gain, appetite, abdominal pain, stool consistency or faecal fat during the prestudy and study periods.

### Authors' conclusions

half the capsule numbers of the high strength preparation are just as effective as the standard capsule dosage.

http://www.mrw.interscience.wiley.com/cochrane/clcentral/articles/822/CN-00096822/frame.html

### See also

Eur J Pediatr. 1993 Sep;152(9):763-4.

### Keywords

Adolescent; Child; Combined Modality Therapy; pharmacological_intervention; nutrizym; Pancreatic Enzyme Replacement Therapy; Pancreas insufficiency; Pancreatic Diseases; Gastrointestinal Diseases; Malabsorption; Nutrition Disorders; Capsules; High-Dose; Gastrointestinal Agents;