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primary studies - published RCT

## **Placebo-controlled, double-blind, randomized study of aerosolized tobramycin for early treatment of *Pseudomonas aeruginosa* colonization in cystic fibrosis.**

**Code:** PM9516091

**Year:** 1998 **Date:** 1998

**Author:** Wieseemann HG

### **Study design (if review, criteria of inclusion for studies)**

prospective placebo-controlled, double-blind, randomized multicenter study

### **Participants**

22 CF patients (13 male). Age > 4 years, mean 11.4 and 9.8 in 2 groups.

### **Interventions**

Tobramycin 80 mg or placebo (saline with same preservatives) twice daily for 12 months shortly after the onset of *P. aeruginosa* pulmonary colonization

### **Outcome measures**

Eradication of *P. aeruginosa*, lung function, inflammatory parameters.

### **Main results**

2 patients in the tobramycin and 6 patients in the placebo group stopped inhalation before the 12 month treatment period. Using life table analysis, the time to conversion from a *P. aeruginosa*-positive to a *P. aeruginosa*-negative respiratory culture was significantly shorter in the tobramycin-treated group than in the placebo group (P

### **Authors' conclusions**

The results of this study suggest that early tobramycin inhalation may prevent and/or delay *P. aeruginosa* pulmonary infection in CF patients.

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### **See also**

Pediatric pulmonology YR: 1998 VL: 25 NO: 2

### **Keywords**

Anti-Bacterial Agents; Bacterial Infections; Child; Infection; Inhalation OR nebulised; pharmacological\_intervention; placebo; *Pseudomonas aeruginosa*; *Pseudomonas*; Respiratory Tract Diseases; Respiratory Tract Infections; Tobramycin; Colonization; Aminoglycosides;