

primary studies - published RCT

# Pharmacokinetics of famotidine in patients with cystic fibrosis.

Code: PM9824781 Year: 1998 Date: 1998 Author: Maish WA

## Study design (if review, criteria of inclusion for studies)

RCT, cross-over design

## **Participants**

13 patients with severe cystic fibrosis (CF) ranging from 10 to 47 years of age and 25 to 72 kg in weight. 12 patients were crossed over to the alternate treatment.

### Interventions

Patients were randomized to first receive famotidine either 20 mg intravenously or 40 mg orally.

#### **Outcome measures**

Repeated blood samples were obtained over 12 hours after intravenous and oral administration and urine was collected over 24 hours for quantitation of famotidine by means of high-performance liquid chromatography (HPLC). A compartment model-dependent approach was used to characterize the disposition of famotidine.

#### Main results

From the intravenous data, the mean +/- standard deviation elimination half-life (t1/2) was 2.11 +/- 0.75 hours, the total clearance (CI) was 0.79 +/- 0.41 L/kg/hr, the renal clearance was 0.57 +/- 0.26 L/kg/hr, the fraction eliminated unchanged in the urine was 83% +/- 16%, and the apparent volume of distribution (Vdss) was 1.33 +/- 0.53 L/kg. The bioavailability determined from comparison of intravenous and oral area under the curve data was 71% +/- 27%.

## **Authors' conclusions**

Results of this study support an initial famotidine dose of 20 mg intravenously or 40 mg orally every 12 hours in patients with CF who are older than 9 years of age.

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## See also

J Clin Pharmacol. 1998 Nov;38(11):1010-6.

## Keywords

Adolescent; Adult; Child; Famotidine; Gastrointestinal Agents; Histamine H2 Antagonists; Intravenous; Oral; pharmacological\_intervention;